

What is Cyberbullying?

When a child uses the Internet to...

- Send **harassing** or **threatening** messages
- Post digitally altered or **embarrassing** pictures of someone else
- Spread **rumors** and **lies** about someone else
- Create web sites that **ridicule** others
- **Hack** another user's profile or pretend to be someone they are not



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How to deal with cyberbullies...

There are many options:

Ignore the bully.

Delete messages and block the bully from your inbox, buddy lists, and social networking circle.

Report the bully.

Who you contact varies with each situation. Possible places to report cyberbullying include parents, Internet service providers, web site administrators, school officials, or local law enforcement.

Protect yourself.

Children should *never* share their passwords with anyone but their parents or guardians.

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